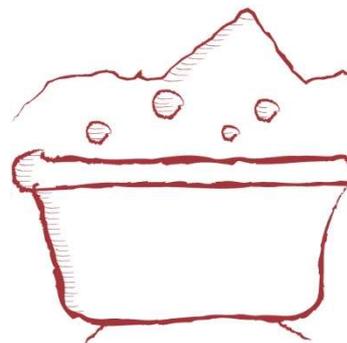


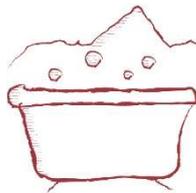
Spielmann



STADL SPA | FELSENPOOL



INFINITY SWIMMING POOL



INFINITY ROCK POOL AND GARDEN

The water seems to merge with the environment, contrasts connect. This is exactly how you can take in the impressions that you get and richly enjoy them to the full. Infinity Rock Pool covering an area of 110 m². The outdoor and indoor swimming areas both have massage spray-jets.

RELAX AREAS AND GARDEN

In addition, our bathing area offers you very spacious tranquility areas, a parlour for chatting, and also a non-nude sauna (55 °C).

- Spacious tranquility areas - space is the essence of luxury today
- Non-nude sauna for families and others who simply prefer this (55 °C)
- Relax panorama summer garden with loungers and sun-shades

STADL SPA

FROM 14 YEARS



STADL SAUNA (90 °C)

Air-temperature: ca. 90°C - Humidity: ca. 10%
A room made of wood, to sweat by extremely dry air and a high temperature. A tour takes approx. 10 minutes, and could be repeated twice or thrice. This increases body temperature up to ca. 40°C (fever) and reduces detoxification.

TYROLEAN ORGANIC HERBS' SAUNA (55 °C)

Air-temperature: ca. 65°C - Humidity: ca. 40%.
Our organic and herbal sauna is a low-temperature sauna which is particularly suitable for beginners. With special herbal infusions such as chamomile, eucalyptus, mint or lavender, these essential oils have a soothing and stimulating effect on the respiration and skin.

"BOARNEBEL" STEAM BATH (45 °C)

Air-temperature: ca. 45°C - humidity: ca. 90%
The body regenerates and prevents colds. The dense fog is reminiscent of the local "Boarnebel" phenomenon when the cold fog slowly during the autumn months, drifts from the Bavarian area into the valley between Ehrwald and Lermoos.



"STILLE ALM" QUIET RELAX AREA

Old-style, cosy fireside tranquility area 'Stille Alm - Calm Mountain Pasture' with cozy niches and view to the town and valley.

INFRARED STONE-PINE TRANQUILITY AREA

This pinewood relax area invites you to relax. On the infrared couches you can relax and enjoy the feeling of weightlessness.

MASSAGES

CLASSIC BODY MASSAGE

| | | |
|------------|------|-------|
| 30 minutes | Euro | 38,00 |
| 50 minutes | Euro | 60,00 |
| 80 minutes | Euro | 90,00 |

Specialized massage for the treatment of specific muscle groups and internal organs affect more retention for body, soul and spirit.

HONEY MASSAGE

| | | |
|------------|------|-------|
| 30 minutes | Euro | 42,00 |
|------------|------|-------|

The massage of your spinal with honey relaxes, encourage blood flow and affect antiphlogistic.

ALPINE HERBS MASSAGE

| | | |
|------------|------|-------|
| 45 minutes | Euro | 58,00 |
|------------|------|-------|

The back is gently massaged with alpine herb oil.

SPORT MASSAGE

| | | |
|------------|------|-------|
| 45 minutes | Euro | 58,00 |
|------------|------|-------|

A massage which focuses on the relaxation of the legs and the back.

MASSAGE MIX

| | | |
|------------|------|-------|
| 50 minutes | Euro | 60,00 |
|------------|------|-------|

A combination of back and foot reflexology massage.

CONNECTIVE TISSUE MASSAGE

| | | |
|------------|------|-------|
| 40 minutes | Euro | 50,00 |
|------------|------|-------|

Treatment of the back to stimulate the organs. Helps to relieve chronic tension and solves swellings.

LYMPH DRAINAGE

| | | |
|------------|------|-------|
| 50 minutes | Euro | 60,00 |
|------------|------|-------|

This gentle form of therapy influences directly the lymph node. It helps to drainage, detoxicate and purificate and as well as it helps the human tissue to ingest nourishment.

FACIAL LYMPH DRAINAGE

| | | |
|------------|------|-------|
| 50 minutes | Euro | 60,00 |
|------------|------|-------|

It stimulates the lymphatic circulation and leads to a detoxification in the face.

FOOT REFLEXOLOGY

| | | |
|------------|------|-------|
| 30 minutes | Euro | 38,00 |
|------------|------|-------|

A direct treatment of the nerve endings on the feet. The self-healing powers of the body are stimulated.

HAND REFLEXOLOGY

| | | |
|------------|------|-------|
| 40 minutes | Euro | 50,00 |
|------------|------|-------|

Stimulates the nerve endings on the hands to strengthen the immune system..

ENERGETIC TREATMENT

ACUPUNCTURE-MERIDIAN-MASSAGE

| | | |
|------------|------|-------|
| 50 minutes | Euro | 62,00 |
|------------|------|-------|

It aims for harmony of yin and yang. Disturbances of energy flow and blockages are resolved.

MOXIBUSTION IN FRONT OF ACUPUNCT

| | | |
|------------|------|-------|
| 20 minutes | Euro | 30,00 |
|------------|------|-------|

By burning from moxa sticks over the meridian points the body is supplied with energy.

VERTEBRA MASSAGE WITH MOXIBUSTION

| | | |
|------------|------|-------|
| 50 minutes | Euro | 65,00 |
|------------|------|-------|

Energetic balancing followed by gentle spine mobilization.

COSMETICS

CLASSIC FACIAL TREATMENT SMALL

60 minutes Euro 80,00

Deep cleaning. Steam treatment, peeling, removal of skin impurities and masque with eye brown correction.

CLASSIC FACIAL TREATMENT LARGE

90 minutes Euro 95,00

Small facial treatment with a gentle massage.

HARMONY

80 minutes Euro 95,00

This facial is tailor-made to suit your individual skin care needs with products of the "Lela Sensus" line. Cleaning, steam treatment and removal of skin impurities, peeling, facial massage with fragrant herbal stamps, masque and conclusion care.

SENSUS RITUAL

120 minutes Euro 138,00

Treat yourself to a treatment that is an experience for all of your senses. The interplay of mental harmony, a positive spiritual posture and physical wellbeing forms the basis for this unique, individualized beauty treatment. The ritual begins with a back treatment involving warm herbal stamps, followed by a facial treatment with a masque. The hands are pampered with a peel and hand pack. A ritual for mind, body and soul with ends with a care product.

WELLNESS PEDICURE

45 minutes Euro 50,00

Cosmetic feet treatment including a gentle peeling.

WELLNESS MANICURE

45 minutes Euro 50,00

Cosmetic hand treatment including a gentle peeling.

WELLNESS PEDICURE AND MANICURE

90 minutes Euro 90,00



We would be happy to advise you.

Please do not hesitate to contact us for questions.



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